

## Full Treatment Menu

### Massages

#### Illuka signature combination massage

This Massage uses a combination of movements from Eastern and Western cultures, specifically designed by Illuka staff using global techniques such as Hawaiian Lomi Lomi , Reflexology, Indigenous and Swedish Massage. Finishing with Hot towel Therapy.

With the choice of three oils

- Paradise Oil
- Coconut Oil
- Summer Breeze Oil

45 mins \$ 80.00

60 mins \$110.00

#### Relaxation

Swedish relaxation massage designed to purely relax the body and Mind.

60 mins \$110.00

#### Deep Tissue

Not so relaxing but works deeply on problem spots.

30 mins \$ 70.00

45 mins \$ 90.00

#### Illuka Crystal and Hot rocks massage

This Treatment starts off with warm aromatic oil being applied to the body, Warm stones and crystals are massaged into the muscles which gently soothe any aches and pains. Specially chosen stones and crystals are placed on the body's chakras to rebalance and realign the body mind and spirit.

75 mins \$140.00

#### Illuka Mother to be massage

A relaxing massage specifically designed for pregnant mothers to reduce the stress put on weight bearing joints. Assists with circulation and keeps the body relaxed before labour.

This soothing massage is performed with organic coconut oil, which is brilliant for nourishing stretched skin and very safe to use during pregnancy.

60 mins \$120.00

#### Illuka Reflexology Treatment

Reflexology is the method of applying pressure to reflex points on the feet, to restore balance to corresponding organs in the body. It is a completely relaxing and pampering experience.

45 mins \$ 80.00

#### Illuka Body Exotics

(Body exfoliation, Body mud wrap or hydrotherapy, Scalp treatment, body moisturisation or massage) Submerge yourself in the scents of vanilla, coconut, pineapple, papaya and crushed spices as an all over body exfoliation revitalises your skin.

Cocooned in refreshing Body mask, enjoy a relaxing coconut scalp massage and finish with a stimulating hydrotherapy shower to complete this unique experience.

You're Choice From:

Tahitian Vanilla / coconut scrub and Mask:

Ideal for sensitive skin and pregnancy. Finishes with a Vanilla and coconut Body Moisturisation

75 mins \$150.00

Or with a 30 minute Massage \$210.00

Or with a 60 minute Massage \$250.00

### Tropical splash body scrub and Tropical clay Mask.

Supports anti ageing and refines the skin. Finishes with a Tropical body balm Moisturisation

75 mins \$150.00

Or with a 30 minute Massage \$210.00

Or with a 60 minute Massage \$250.00

### Seaweed Vitamin Body scrub and Mask

Extremely detoxifying, aids with fluid retention and cellulite. Finish with a Honey and Ginger Body Balm Moisturisation

75 mins \$170.00

Or with a 30 minute Massage \$230.00

Or with a 60 minute Massage \$270.00

### Caribbean spice salt glow and Caribbean mousse Mask

Stimulates circulation and softens and smoothes the skin. Finish with a Honey and Ginger Body Balm Moisturisation

75 mins \$150.00

Or with a 30 minute Massage \$210.00

Or with a 60 minute Massage \$250.00

## Illuka Facials

### Ocean Essence Facials

#### Sea Shell Facial – (Sensitive Skin)

This Facial is designed for a sensitive skin, Passionfruit is calming and desensitising for the skin and aloe vera will soothe and decrease redness.

Enjoy a beautiful coconut scalp treatment and hand or foot massage during the facial.

60 mins \$110.00

30 mins \$ 80.00

#### Aqua Facial – (Dehydrated- Normal Skin)

Designed for a dehydrated skin, the organic coconut oil softens and hydrates, while jojoba beads and apple extracts gently exfoliate the skin to restore a youthful appearance. Enjoy a beautiful coconut scalp treatment and a hand or foot massage during the facial.

60 mins \$110.00

30 mins \$ 80.00

#### Coral Facial – (Oily and problematic Skin)

Designed for and oily and problematic skin, Watermelon seed oil helps to balance sebum and strawberry extract helps to minimise pores, giving an overall even and refined complexion.

Enjoy a beautiful coconut scalp treatment and hand or foot massage during the facial.

60 mins \$110.00

30 mins \$ 80.00

#### Marine anti ageing Facial (Mature, ageing concerns, includes and eye treatment).

This Facial is packed with marine collagen, beta glucan, horsetail extracts, all of which help to increase collagen and elastin production, reduce the depth of wrinkles and maintain firmness within the skin.

Includes anti ageing eye and lip treatment and a hand or foot massage.

60 Mins \$130.00

## Pevoia High Performance Facials

### Illuka Aroma Journey

Whether your skin is dry, sensitive, combination or oily, this facial provides the perfect solution to suit your skin.

60 mins \$125.00

### **Illuka Vitamin Infusion Facial**

This dramatic mask first warms allowing vitamins to penetrate your skin, then cools to seal rejuvenating benefits. Micro emulsified vitamins A&E maximize your skins protection against free radicals and premature ageing.

75 mins \$ 150.00

### **Illuka Renew and Soothe**

This refreshing lift off mask combines the hydrating benefits of seaweed with revitalizing propolis, a natural healing and desensitising substance. Soothing, nourishing and calming.

75 mins \$150.00

### **Illuka Glow and Radiance**

A potent blend of stabilized vitamin c combined with the latest high tech formulation of freeze dried seaweed. Ideal for reducing fine lines, strengthening, elasticity, and providing relief for dull, sun damaged skins.

75 mins \$150.00

## **Illuka Hand Treatments**

### **Goji Berry Anti Ageing Hand spa with Manicure**

Pamper and Renew the Hands with a lime and lemongrass scrub, which brightens the skin, tropical Body mask is then applied to the hands and arms to nourish and renew, Finish with a goji berry anti ageing Hand cream, to protect and replenish.

Includes Nail work and Colour of choice

60 mins \$100.00

### **Goji Berry Anti Ageing Hand Spa with Paraffin**

Relaxing Hand treatment specifically designed to renew the skin on the hands.

Anti ageing Goji Berry Moisturiser is infused into the hand with a warm paraffin wax treatment. This treatment is fantastic for arthritis, joint aches, and cracked and dry hands.

(Does not include nail work or colour)

45 Mins \$ 80.00

### **Illuka File, Buff, cuticles and Paint**

Shape, buff, cuticle work and paint.

30 mins \$ 60.00

## **Illuka Foot Treatments**

### **Dead sea Mineral Foot spa with pedicure**

Revitalise sore and tired feet, with a Himalayan salt bath. It draws any toxins out of the body, then any dry skin is removed with a lime and kiwi foot scrub.

A Dead Sea mineral foot mask is then applied to the feet which is cooling and increases circulation in the feet and legs.

Finish with a divine chocolate and mint foot massage.

Includes Nail work and Colour of choice

60 mins \$120.00

### **Dead Sea Mineral Foot Treatment**

A relaxing foot treatment specifically designed to soften the feet and increase circulation on the feet and legs. Includes a detoxifying scrub, mask and massage.

(Does not Include Nail work or colour)

45 mins \$ 80.00

### **Illuka File, Buff, cuticles and Paint**

Shape, buff, cuticle work and colour of choice.

30 Mins \$ 60.00

## Illuka Escapes for Men

### Illuka Men's Recovery Facial

This Deep cleansing facial is designed specifically to Refresh and revive a man's skin. A delightful scalp massage and de-stressing foot massage is included for full relief of any tension. Products are created to suit the density and strength of a man's skin.

60 mins \$110.00

### Illuka Men's Stress relief Package

For the Hard working man that deserves time out, this customised treatment begins with a soak in the hydrotherapy bath, the jets work to ease tired and sore muscles. You will then enjoy a customised back Facial which includes a massage, and then unwind with a specialised men's facial.

90 mins \$180.00

## Illuka Packages

### Himalayan Steaming Ritual – Hydrotherapy Treatment

(Body exfoliation, Facial, scalp treatment, body moisturisation or massage)

Enjoy this Heavenly Himalayan body exfoliation and steam treatment whilst drifting away to the aromas of sweet tropical scents.

We start by exfoliating the whole body with Pure Himalayan salts, known to be one of the most detoxifying salts in the world, whilst steaming you will indulge in aqua hydrating facial and luxurious coconut scalp treatment. Finish with an underwater massage and a Full body Tropical body Moisturisation.

75 mins \$150.00

Or with a 30 minute massage

90 mins \$200.00

### Illuka Ocean Essence Pamper package

(Body exfoliation, Mud wrap, Facial, massage, pedicure, refreshments)

This Pure Indulgence Package is perfect for tired, stressed and aching bodies.

Start of with a smoothing luxurious Body exfoliation to gently refine the skins appearance, and then be covered in a healing body mask.

Then your body is engulfed in steam and an aromatic shower to release any tension.

Emerge, dry off and enjoy being massaged from top to toe with healing hands, you will feel your aches and pains slipping away.

Take time to sit back and enjoy light refreshments before you slip away into your facial.

Continue the dream with a customised ocean essence facial designed specifically for your skins needs. Lastly your feet will be renewed and revitalised with our Dead Sea mineral pedicure.

4 hours \$495.00

### Illuka Face, Hands and Feet Ritual

(Facial, Paraffin hand treatment and Spa Foot treatment)

Bring out your inner beauty, enjoy a deluxe signature facial followed by intensive hand and foot treatment, your hands will be coated in peach paraffin wax which is extremely repairing and infuses the gojji berry moisturiser underneath.

Your Feet will be nourished with mineral mud and pampered with hot towels finishing with choc/mint foot cream.

90 mins \$180.00

### Ocean Essence Heavenly Therapy

(Facial, Massage and Eye treatment)

Relax – Rebalance and revive with this ultimate face and body therapy. Enjoy a relaxing massage to reduce any tension or sore spots and a customised facial with an ant ageing eye treatment, to refresh tired, stressed skin. The Perfect treatment for a busy lifestyle.

75 mins \$150.00

### Illuka Couples chocolate indulgence Package

(Body exfoliation, Mud wrap, facial, massage, and soak in geisha tub and refreshments)

Enjoy some together time for indulging and relaxing with that someone special, your journey begins in our couple's suite with a choc mint body scrub and chocolate body mask, drift away to sweet smells of decadent chocolate whilst you enjoy a hydrating facial and coconut scalp treatment.

Then be left to peacefully soak in our Japanese geisha tub whilst enjoying light refreshment.

Finishes with a soothing massage and body moisturisation.

120 mins \$470.00 Per Couple

150 mins \$630.00 per couple

(Products may be altered if different scents preferred)

### Blissful Balance Mother to be package

(Body exfoliation, massage and Facial)

A pre and postnatal top to toe treatment. Enjoy a pampering coconut and vanilla body scrub that improves skin tone and elasticity. Then a soothing massage will ease any stress or tension on the neck and shoulders. Lastly indulge in a rich honey and almond facial to leave the skin soft and smooth.

75 mins \$180.00

### Illuka Hydrotherapy Milk Bath

This state of the art Hospital Grade Hydrotherapy tub is perfect for relaxation or for a more intense massage.

With two Programs to choose from it can be tailored to suit your needs.

Whilst soaking you will enjoy a Lavender Milk Bath, Brilliant for nourishing the skin and deeply relaxing.

30 mins on its own \$ 60.00

45 mins with a honey and ginger body moisturisation \$ 90.00

30 min soak and 30 min massage \$130.00

30 min soak and 60 min massage \$170.00

### Couples Geisha Tub

Japanese style plunge tub – Beautiful and relaxing for a couple to share.

Geisha with water only 30 mins \$ 60.00

Geisha with Milk Bath and rose petals \$ 75.00

Geisha with Ocean Blue body mud \$ 85.00

Also available with Moisturisation or massage to finish.

## Illuka Beauty Treatments

### Waxing and Tinting

Eyebrow	\$ 15.00
Lip	\$ 10.00
Chin	\$ 9.00
Underarm	\$ 20.00
Half Arm	\$ 25.00
Full Arm	\$ 40.00
½ Leg	\$ 30.00
¾ Leg	\$ 40.00
Full Leg	\$ 45.00
½ Leg and Standard Bik	\$ 55.00
Full Leg and Standard Bik	\$ 60.00
X Bikini	\$ 25.00
XX Bikini	\$ 32.00
XXX	\$ 40.00
XXXX (Brazilian)	\$ 55.00

### Men's Waxing

Back and chest	\$ 75.00
½ Back	\$ 30.00
Full Back Wax	\$ 60.00

## Tinting

Eyebrow Tint	\$ 10.00
Eyelash Tint	\$ 18.00
Lash and Brow Tint	\$ 26.00

Lash perming also available

## Illuka Add on Treatments

These Treatments May be added onto any treatment if you would like some extra pampering.

30 min Relaxation Massage	\$ 60.00
30 Min Mini Facial	\$ 70.00
30 Min scalp Treatment	\$ 60.00
30 Min Back Facial	\$ 70.00
Paraffin Hand Treatment	\$ 45.00
Eyelash tint	\$ 18.00